

Bunts Sangha's  
S.M.Shetty College of Science, Commerce & Management Studies, Powai.  
Permanently Affiliated to University of Mumbai.  
NAAC ACCREDITED 'A' GRADE  
ISO 21001:2018 CERTIFIED  
IMC RBNQ CERTIFICATE OF MERIT 2019

**Activity Approval Format**

Date: 27-2-2022

**Program:** Dental Care Awareness for Youth

**Need:** To educate and spread knowledge of proper dental care and prevention of dental diseases .

**Objective:** The process of providing participants with relevant information about oral health based on scientific principles.

**Content:** Oral health & its benefits.

**Resource Person:** Dr Shifali Dadu [BDS, MDS, Professor (Endodontics) - 16 years of academic experience ,Private practitioner.]

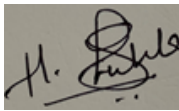
**Date:** 28th January, 2022

**Time:** 12:00 - 1:00 pm

**Venue:** Zoom Webinar

**Cost/Budget:** NA

**Proposed By:** Health Club



**Verified By:**



**PRINCIPAL**  
Bunts Sangha's S.M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai - 400 076.  
Tel: 022 - 6132 7352  
Email: college@smshettyinstitute.org

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### Minutes of the meeting

Date: 23rd January, 2022

Time: 5:00 pm

Mode: Whatsapp Call

Following things were discussed in the meeting:-

It was decided that the Health Club of college will organize a program on Dental Hygiene on 28th January, 2022. The session will start at 12:00 pm over Zoom. Dr Shifali Dadu will be the resource person for the same. The session will be open to all the members of the college.

#### **Health Club In-charge:**

Asst. Prof. Himani Shukla

#### **Health Club Members:**

Asst. Prof. Vinay Vilas Shahapurkar

Asst.Prof. Utkarsh Kapadia



  
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## Notice

**Date:** 27-1-2022

" 🦷 The TOOTH is the only part of the body that cant heal itself. 🦷 "

Hello Everyone! 🙏

Warm Greeting from the

Health Club of Bunts Sangha's S.M.Shetty College of Science, Commerce &  
Management Studies ( Permanently Affiliated to University of Mumbai), Powai,  
Mumbai 🏢 is conducting a \* Webinar 😍\*

Topic : Dental Care Awareness for Youth

Resource Person : Dr Shifali Dadu

For : 🧑 All 🧑

Webinar Link :

<https://us02web.zoom.us/j/81721822029?pwd=QW1zOFBVZkxmbUI4WHNWVTdYRDNiUT09>

Passcode : SYITA2122

📅 : 28th January, 2022.

🕒 : 12:00 noon - 01:00 pm.

Participants will be receiving 🌟 e-CERTIFICATE 🌟 in their mail.

For any queries, contact at :

Asst. Prof. Himani Shukla

[himanis@smshettyinstitute.org](mailto:himanis@smshettyinstitute.org)



  
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## Backdrop



Bunts Sangha's  
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### Health Club

**Organizes**

**Session on**

**"Dental Care Awareness for Youth"**



**Venue: Zoom Platform**  
**Date: 28<sup>th</sup> January 2021**  
**Time: 12:00 PM**

**Resource Person: Dr. Shifali Dadu**

## Certificate



Bunts Sangha's  
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NAAC Accredited 'A' Grade  
IMC RBNQ Certificate of Merit 2019  
ISO 21001:2018 Certified



### Certificate of Participation

This is to certify that  
Mr./Ms. **Mr pal bipin** from **S.M.Shetty College** has successfully participated  
in the webinar on "**Dental Care Awareness for Youth**" organized by the Health  
Club on 28<sup>th</sup> January, 2022.



Asst.Prof.Himani Shukla  
Health Club In-charge



Asst.Prof. Sandesha Shetty  
Vice Principal



Dr.Liji Santosh  
Vice principal



Dr. Sridhara Shetty  
Principal



  
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## Report

**Organized by:** Health Club

**Date:** 28th January, 2022

**Venue:** Zoom

**Event Topic:** Dental Care Awareness for Youth

**Timing:** 12:00 - 1:00 pm

**Scope:** Students & Teachers

**Resource Person:** Dr Shifali Dadu [BDS, MDS, Professor (Endodontics) - 16 years of academic experience ,Private practitioner.]

**Total Count:** 54 - 30 Females & 24 Males.

**Objective:** The process of providing participants with relevant information about oral health based on scientific principles.

**Highlights:** The webinar started with a welcome address about the event& introduction of the resource person by Asst. Prof. Vinay Shahapurkar (Member of Health Club).

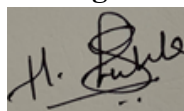
The resource person recommended the following steps to maintain good oral hygiene:

- Brush teeth twice a day with an ADA-accepted fluoride toothpaste using the correct technique.
- Replace toothbrush every three to four months, or sooner, if the bristles are frayed.
- Clean between the teeth daily with floss or an interdental cleaner.
- Visit the dentist once in six months for professional cleaning and an oral examination.
- Practice a regular oral health care routine.
- To follow a plant based rich diet - avoiding smoking, alcohol, aerated drinks to maintain healthy gums.

The event was concluded with the vote of thanks given by Asst.Prof. Utkarsh Kapadia (Member of Health Club).

**Health Club In-charge:**

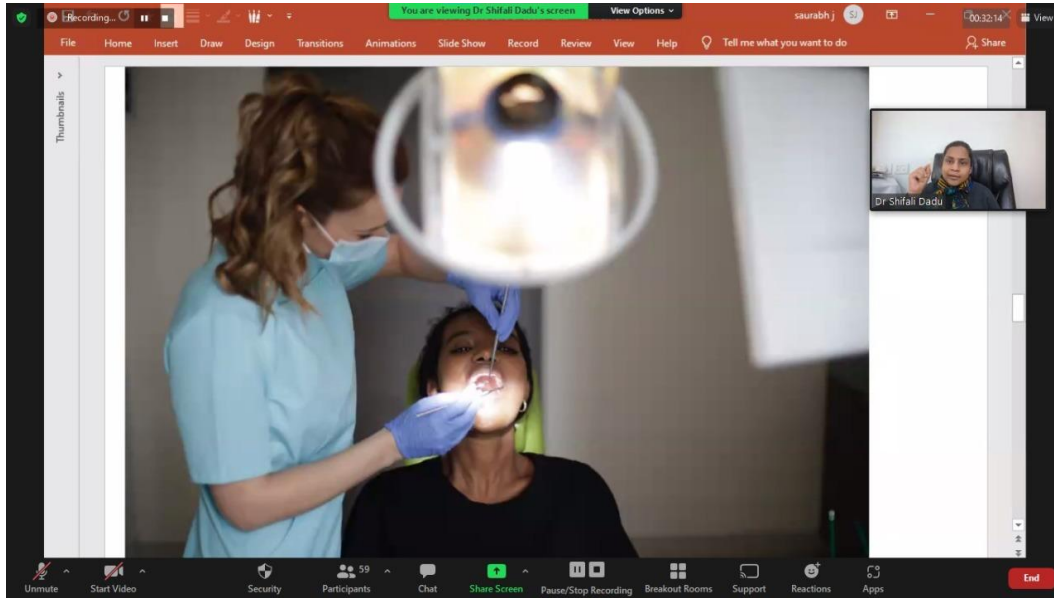
Health Club



  
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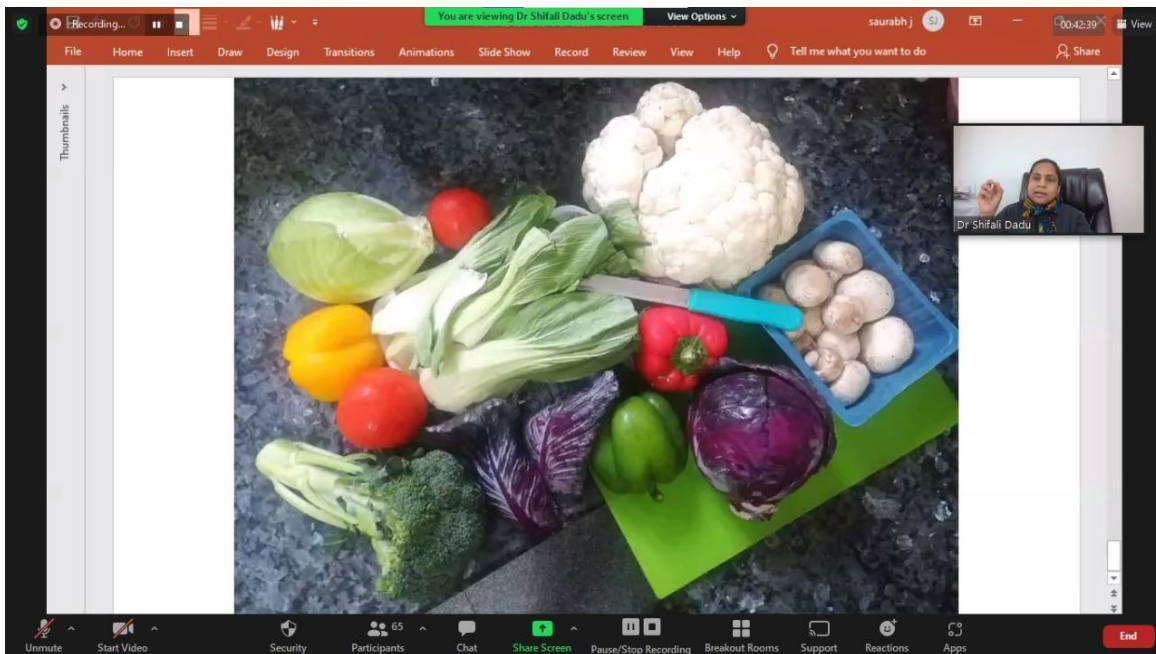
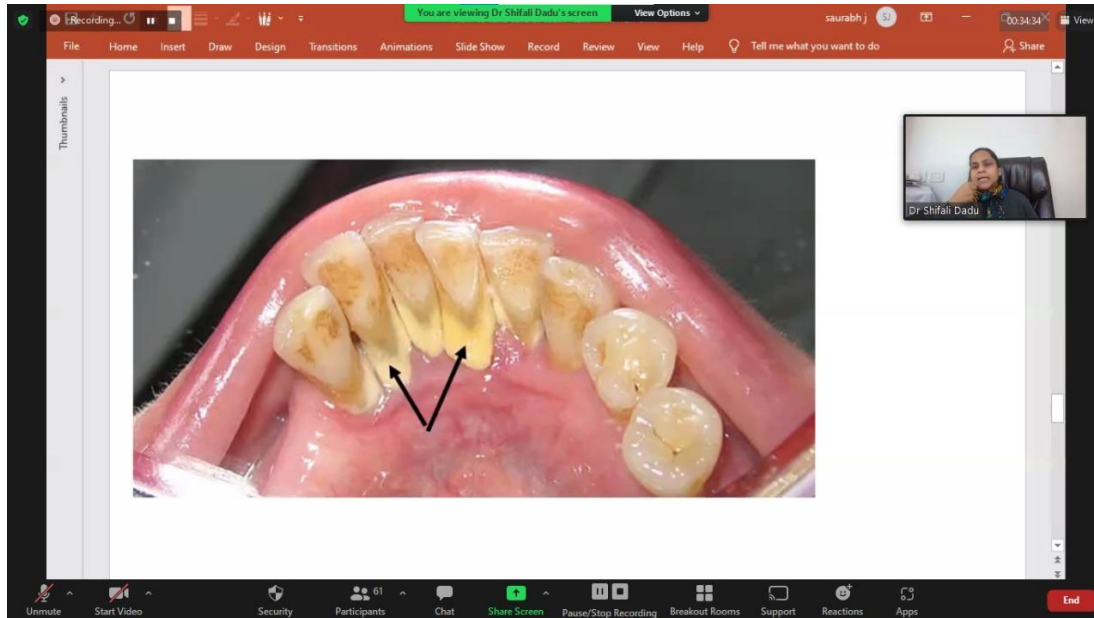
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Pictures





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**Participant List**

F= 30 & M=24

<u>Sr.No</u>	<u>Username</u>	<u>Name</u>	<u>Institution Name</u>	<u>Gender</u>	<u>Participant type</u>
1	Sumanu@smshettyinstitute.org	Prof. Suman upadhyay	S.M.Shetty College	Female	Teaching Faculty
2	shettyrhea2002@gmail.com	Ms Rhea Shetty	S.M.Shetty College	Female	Student
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16	naushinalishaikh2003@gmail.com	Ms Shaikh Noushin Ali	S.M.Shetty College	Female	Student





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36	26sahanikaambre@gmail.com	Ambre Sahanika shivaji	S.M.Shetty College	Female	Student
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51	pardeshiamisha16@gmail.com	Ms.Amisha Pardeshi	S.M.Shetty College	Female	Student
52	shivamclasher789@gmail.com	singh gandharv dharmendra	S.M.Shetty College	Male	Student

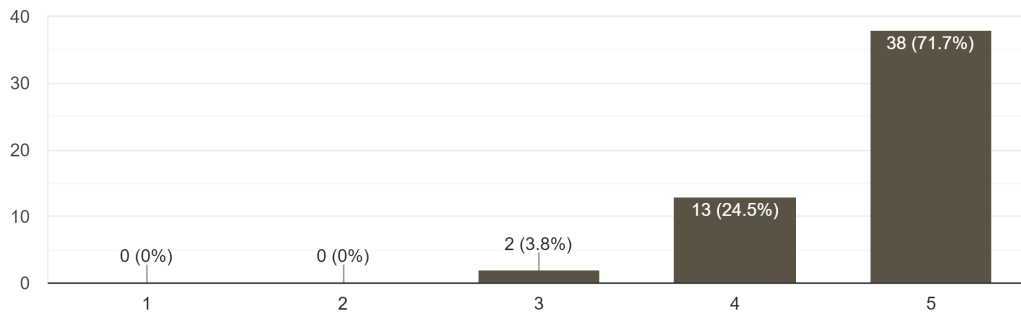
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53	shivvam18@gmail.com	Mr.Shivam Singh	S.M.Shetty College	Male	Student
54	kalpanar@smsshettyinstitute.org	Mrs.Kalpana Rai Menon	S.M.Shetty College	Female	Teaching Facul

### Feedback Analysis

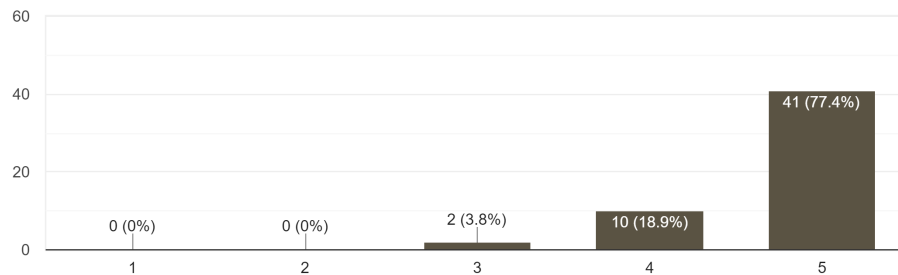
How satisfied are you with the session's content?


53 responses



How informative was the session?

53 responses

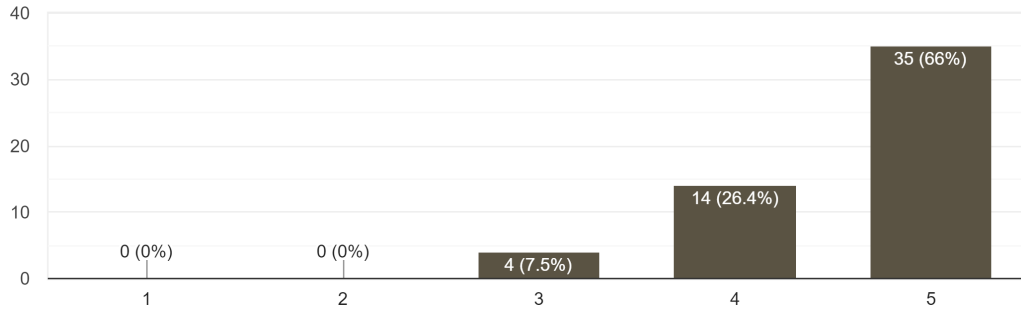


  
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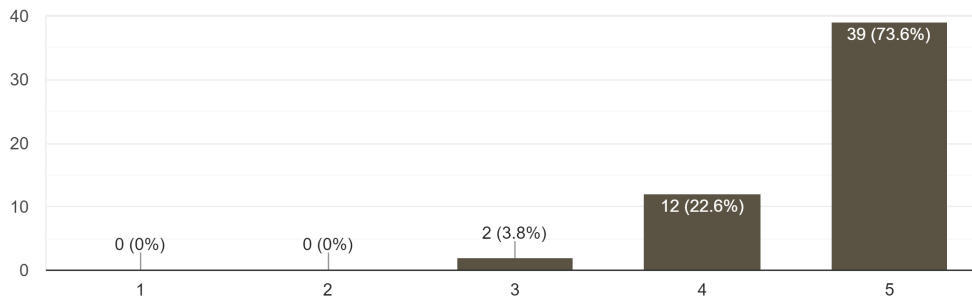
How satisfied are you with the technical aspects of online platform?

53 responses



How relevant and helpful do you think the session was?

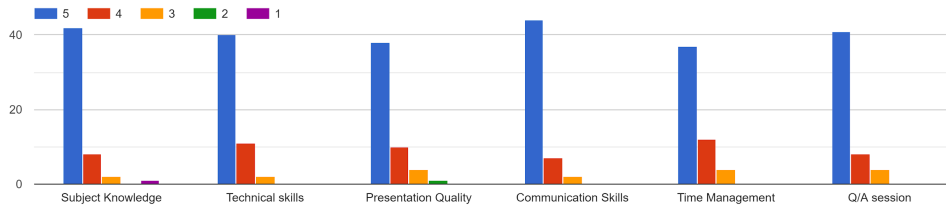
53 responses



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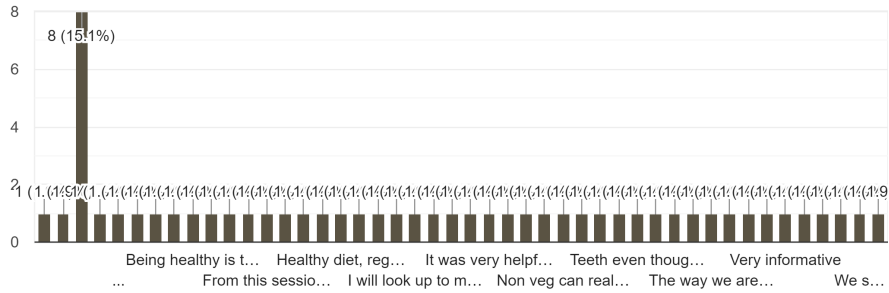
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How satisfied were you with the key note speaker?



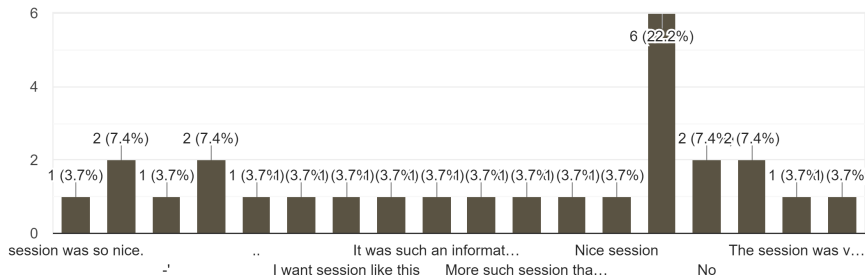
What were your key take aways from this event?

53 responses



Any other feedback and suggestions for the event?

27 responses



  
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**Action Taken Report**

<b><u>Date &amp; Topic</u></b>	<b><u>Feedback Received</u></b>	<b><u>Conclusion</u></b>
28th January, 2022  Dental Hygiene	<ul style="list-style-type: none"><li>● The session was very informative and one of the best. There should be more sessions like this</li><li>● Make More events on Skin care</li><li>● If offline possible that's more better</li><li>● It was such an informative session</li><li>● More such session thankyou</li></ul>	To keep more such sessions for students in order to cultivate awareness about healthy habits for a healthy lifestyle.₂



  
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